

# SOLO Teen Mission Packing List 2024

**Please No Fragranced Products:** Unfortunately, we must ask that you neither use nor bring any perfumes or fragranced body-care products, including deodorants. We have an adult leader whose allergy is life-threatening. Please make this your goal. A life could be at stake, so take this very seriously. (If you need suggestions for fragrance free products, please text 219.869.8673 for a list)

**Tuesday Morning:** Guardians, please bring your SOLO participant to Bethany Ev. Church at 7am. Check in with Jody Burton or one of the junior staff assigned to SOLO participants

- They need these forms
  - Participant Contract (Signed by both yourself & your guardian)
  - Health form (Guardian's form)
  - Meds will need to be given to the nurse on duty
  - If you would like to order a t-shirt for your teen, it needs to be ordered & paid for at this time. Please be specific about size: adult or youth.

## **Items to wear or bring with you each day**

- SOLO Participants, please be wearing Old Clothes for work (T-shirts and tennis shoes for work sites. ~~Flip flops, sandals or slip-ons~~ are NOT SAFE or permissible for worksite attire)

Also pack:

- One twin sized air mattress and your choice of coverings for it
- Sunscreen (& Bug spray) for sites (Fragrance-Free please)
- 1-well-marked towel
- Clean clothes for evening worship.
- Jacket or Sweatshirt if a cool evening is expected- if you wish, etc.
- Something modest to sleep in.
- An outfit to go home in
- Please bring your Bible if you have one.

## **Appropriate TMJC Attire**

- T-shirts and higher neckline tank tops that fit properly. Sports bras should not be seen at all please.
- Modest Shorts and pants should not show underwear **or** look like underwear.

*These are general guidelines, however if an outfit is blatantly inappropriate, the participant or staff will be asked to change immediately. It is not our attempt to try and govern others' attire, but to make TMJC about helping others, not causing distraction to each other.*

## **What to LEAVE AT HOME:**

- ~~Cell phones, electronic games, computers, etc. (After the first evening, you won't even miss them!) All staff will have cell phones for emergencies.~~
- ~~Perfumes, colognes, or overtly fragrant cosmetic/beauty products.~~
- ~~Any items expressly prohibited in the TMJC contract.~~
- ~~Bad attitudes and laziness — We're here to serve and have FUN, lots of fun.~~