

# Teen Mission Packing List 2024

**Please No Fragranced Products:** Unfortunately, we must ask that you neither use nor bring any perfumes or fragranced body-care products, including deodorants. We have an adult leader whose allergy is life-threatening. Please make this your goal. A life could be at stake, so take this very seriously. (If you need suggestions for fragrance free products, please text 219.869.8673 for a list)

**Sunday night:** Guardians, if you can at all, please come to help to check-in.

- All forms: All of these are **required** for anyone under 18 to participate.
  - **Participant Contract (Signed by both yourself & your guardian)**
  - **Health form (Guardian's form)**
  - Gently used pieces of clothing to donate to Community Day if possible, (Adult & small child sizes are especially needed)

## **Items to wear or bring with you each day**

- \*Old Clothes for work (T-shirts and tennis shoes for work sites. *Flip flops, sandals or slip-ons are NOT SAFE or permissible for worksite attire*)
- Daytime Medications with instructions (**Emergent meds can & should with you at ALL times.**)
- Sunscreen (& Bug spray) for sites (Unfragranced please)
- 1-2 well-marked towels each day
- Bathing suit --A modest swimsuit, (full suit or a long tankini), is required not only for the pool activity but also for some Reward Day activities.
- Clean clothes for evenings.
- Jacket or Sweatshirt for cool evening events if you wish, etc.
- Thursday only: Reward Day money for dinner out (\$10.-\$15. is suggested for a full meal) Remember all other meals are provided.
- You're required to bring a twin size air mattress with you. It must be a twin size please. If this is a hardship, please let us know.
- Please bring your Bible if you have one.

## **Appropriate TMJC Attire**

- T-shirts and higher neckline tank tops that fit properly. Sports bras should not be seen at all please.
- Modest Shorts and pants should not show underwear **or** look like underwear.

*These are general guidelines, however if an outfit is blatantly inappropriate, the participant or staff will be asked to change immediately. It is not our attempt to try and govern others' attire, but to make TMJC about helping others, not causing distraction to each other.*

## **What to leave at home:**

- Cell phones, electronic games, computers, etc. (After the first evening, you won't even miss them!) *All staff will have cell phones for emergencies.*
- Perfumes, colognes, or overtly fragrant cosmetic/beauty products.
- Any items expressly prohibited in the TMJC contract.
- Bad attitudes and laziness – We're here to serve and have FUN, lots of fun.